



DAILY BREAKFAST Choice of eggs, fresh fruit, pancakes, grits, oatmeal, juices, milk, coffee and cereal

Monday

CHEESy ASPARAGUS AND TOMATO STUFFED CHICKEN

Served with yellow rice, steamed broccoli and dinner rolls.

BBQ PORK SANDWICH

Served with coleslaw and roasted sweet potatoes.

Tuesday

PAN SEARED MAHI-MAHI

Served with couscous salad and squash zucchini casserole.

SMOTHERED PORK CHOPS

Served with refried beans and Mexican rice.

Wednesday

SPAGHETTI AND MEAT SAUCE

Served with roasted eggplant and garlic bread.

SMOTHERED PORK CHOPS

Served with mashed potatoes, steamed peas and carrots.

Thursday

VEAL SCALOPINI WITH MUSHROOM MARSALA SAUCE

Served with scalloped potatoes and sautéed spinach.

CUBAN SANDWICH

Served with fried plantains and side salad.

Friday

CHICKEN AND SHRIMP JAMBALAYA

Served with steamed mixed vegetables.

CORN BEEF

Served with fried cabbage and roasted potatoes.

Saturday

HONEY MUSTARD CHICKEN WINGS

Served with celery, carrots and steak fries.

HERB CRUSTED COD

Served with green beans and breakfast potato casserole.

Sunday

PRIME RIB
RANCH CHICKEN CASSEROLE
BBQ MEATBALLS
SHEPHERD'S PIE
FRIED SHRIMP
STEAMED VEGETABLES
MASHED POTATOES

Monday

BRAISED BEEF WITH MUSHROOMS AND RED WINE SAUCE

Served with potatoes, carrots and green beans

PASTA CARBONARA SHRIMP

Served with smoked bacon, green peas and a garlic-parmesan cream sauce.

Tuesday

CURRY COCONUT-LIME CHICKEN

Served with steamed rice and mixed vegetables.

MEATLOAF

Served with mashed potatoes, collard greens and dinner rolls.

Wednesday

SOUTHERN FRIED CHICKEN

Served with mashed potatoes with gravy and steamed cauliflower.

PAN SEARED BALSAMIC GLAZED SALMON

Served with mashed potatoes and grilled asparagus.

Thursday

BBQ COMBO

BBQ ribs, smoked sausage and brisket served with potato salad and baked beans.

FRIED CATFISH

Served with coleslaw and mashed potatoes.

Friday

COUNTRY FRIED STEAK AND GRAVY

Served with loaded mashed potatoes and roasted brussels sprouts.

HONEY MUSTARD GLAZED HAM

Served with sweet potato casserole and roasted brussels sprouts.

Saturday

CLASSIC BEEF LASAGNA

Served with steamed vegetables and garlic bread.

SHRIMP AND CRAB CAKES

Served with roasted butternut squash and steamed vegetables.

Sunday

PHILLY CHEESESTEAK SANDWICH
Sliced steak, grilled bell peppers, onions and potato chips.
BACON AVOCADO GRILLED CHICKEN SANDWICH
Grilled chicken, bacon, swiss cheese, avocado, sautéed onions, lettuce, tomato, mayo and potato chips.